



FALL 2018

November

Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Sides Sweet Corn or Green Beans Shredded Lettuce Diced Tomatoes Fresh Apple 100% Orange Juice	Daily Sides Vegetarian Baked Bean Green Beans Fresh Apple 100% Fruit Sorbet	Daily Sides Roasted Sliced Carrots Shredded Lettuce Diced Tomatoes Fresh Apple Sliced Peaches	Daily Sides Vegetarian Baked Bean Green Beans Fresh Banana 100% Apple Juice	Daily Sides Mashed Potatoes Or Tater Tots Baby Carrots Fresh Apple 100% Orange Juice
			1 Baked Chicken Bites Pizza Wedge Beef Nacho Salad *Served w/ honey mustard	2 Mozz Sticks w/Sauce Pizza Wedge Beef Nacho Salad {Mashed Potatoes}
5 Cheeseburger Pizza Wedge Popcorn Chicken Salad (Sweet Corn)	6 School Closed	7 Early Dismissal Bagel w/Sunbutter Baby Carrots, Apple Slices, & Milk	8 Chicken Tenders Pizza Wedge Popcorn Chicken Salad *Served w/ honey mustard	9 Pancakes & Sausage Pizza Wedge Popcorn Chicken Salad (Tater Tots)
12 Chicken Patty Sandwich Pizza Wedge Hummus Platter (Green Beans)	13 Cheese Quesadilla Pizza Wedge Hummus Platter	14 Roasted Turkey w.Roll Pizza Wedge Hummus Platter	15 Meatball Hoagie Pizza Wedge Hummus Platter	16 T.Pep Stuffed Sandwich Pizza Wedge Hummus Platter (Mashed Potatoes)
19 Early Dismissal Tortilla Chips w/Salsa Cheddar Cheese Stick, Baby Carrots, Apple & Milk	20 Early Dismissal W.G Soft Pretzel Yogurt, Carrots, Apple Juice & Milk	21 Early Dismissal Turkey & Cheese Hoagie Apple Juice, Carrots & Milk	22 23 THANKSGIVING HOLIDAY School Closed	
26 Chicken Patty Sandwich Pizza Wedge Build A Pizza Kit {Green Beans}	27 Walking Taco Pizza Wedge Build A Pizza Kit	28 Grilled Cheese Pizza Wedge Build A Pizza Kit	29 Chicken Tenders Pizza Wedge Build A Pizza Kit *Served w/ honey mustard	30 Cheeseburger Pizza Wedge Build A Pizza Kit (Tater Tots)

More Info...

Offered Daily:

- Low fat Choc
- Low fat Straw
- Plain 1% & Skim

Sunbutter & Jelly Sandwich

Cheese Pizza

Top That Sandwich
Lettuce & Tomato
now offered

Entrée Salads
offered with whole
grain snack or bagel

TASTY TUESDAY'S
100% Fruit Sorbet

MONTHLY WELLNESS:
Be Thankful

*Turkey Pepperoni Stuffed Sandwich

Menus are subject to change without notice.



Did You Know?

Breakfast and Lunch is NOW available to every student at NO CHARGE.

Important School Information can be found on the district website (<http://www.upperdarbysd.org/>) under services -> food services. This includes online prepayment information through myschoolbucks.com (registering for myschoolbucks.com is free, but a \$2.49 Program fee may apply).

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